SAVE THE DATE

Centro di Ateneo Studi e Ricerche sulla Famiglia and OssCom Laboratorio UCSC ExpoLAB

Università Cattolica del Sacro Cuore and EXPO European Union Pavillion

11th and 12th May 2015

INTERNATIONAL CONFERENCE

“Nutrire la memoria per nutrire le generazioni: anziani attivi e benessere”
“Feeding the memory to feed the generations: active elders and well-being”

Active seniors are given increasing attention in Italy and Europe. Active aging involves both an individual and a social dimension. Choosing to play an active role even in later life is, first of all, a subjective option, that calls into play the full range of physical, psychological, relational, ethical resources of the individual. This option acquires a specific social relevance because, through activity, it is possible for the older person to experience an inter-subjective and pro-social dimension, crucial to the pursuit of a successful social role.

Through the presentation of findings from a quantitative research conducted in Italy and similar analysis at the European level, the International Conference aims to provide a comprehensive reflection on this phenomenon, in particular in terms of intergenerational exchanges, well-being and life satisfaction, use of multimedia technologies, pro-social behaviors and volunteering.

11th May 2015
Università Cattolica del Sacro Cuore (UCSC)

9am-1pm (Università Cattolica, Room Pio XI)

Session I: Active ageing and intergenerational exchanges

Opening: Franco Anelli (Rector, Università Cattolica del Sacro Cuore)

Chair: Fausto Colombo (Head of the Dept. of Communication Sciences, UCSC)

Giovanna Rossi (University Centre for Family Studies and Research, UCSC)
"Le reti intergenerazionali degli anziani attivi"
(The intergenerational networks of the active elders)

Donatella Bramanti (University Centre for Family Studies and Research, UCSC)
"Engagement e soddisfazione dei giovani anziani in Italia"
(Engagement and life satisfaction of the young old in Italy)
Camillo Regalia (University Centre for Family Studies and Research, UCSC)

“Gratitudine e benessere nelle persone anziane”
(Gratitude and wellbeing in older adults)

Eric D. Widmer (Université de Genève, Suisse)

“Actively generating one’s family: How elders shape their family configurations”

Ed De St. Aubin (Marquette University, US)

“The many flavors of generativity: How elders nourish and sustain younger generations”

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Lunch break – 1pm - 2pm
Light lunch buffet
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2pm – 5pm (Università Cattolica, Room Cripta dell’Aula Magna)

Session II: Pro-sociality and voluntary engagement of active elders

Chair: Giovanna Rossi (Head of the University Centre for Family Studies and Research, UCSC)

Per H. Jensen (Aalborg Universitet, Danmark)

“Active ageing: prospects and pitfalls”

Lucia Boccacin (University Centre for Family Studies and Research, UCSC)

“L’azione volontaria degli anziani attivi in Italia”
(Active elders and volunteering in Italy)

Giovanni Gruppo, Emila Borghi (President and Vice-President Auser Volontariato Milano Onlus)

“Città metropolitana e senior: progetti ed esperienze di cittadinanza attiva”
(Metropolitan city and older adults: projects and experiences of active citizenship)

Elena Marta, Giancarlo Tamanza (University Centre for Family Studies and Research, UCSC)

“Relazioni intergenerazionali e impegno pro-sociale negli anziani”
(Intergenerational relations and pro-social engagement in later life)

Michelino Smeraldi (President ANTEAS Milano)

“Diversamente giovani: energie per Milano”
(Differently young: energies for Milano)

12th May 2015
Università Cattolica del Sacro Cuore (UCSC) and EXPO European Union Pavilion

9:30am – 1pm (Università Cattolica, Room Pio XI)

Session III: Technological innovation and wellbeing

Chair: Piermarco Aroldi (Head of OssCom, UCSC)

Simone Carlo (OssCom UCSC)

“Anziani digitali? ICTs, relazioni e vita quotidiana dei giovani anziani italiani”
(Digital elders? ICTs, relations and everyday life of the young old in Italy)

Galit Nimrod (Ben-Gurion University of the Negev, Israel)

“Online communities for seniors: The benefits to well-being”

Maria Sourbati (University of Brighton, United Kingdom)

“Ageism: A Barrier to Social Inclusion in the 21st Century”

Alessandro Rosina (Dept. of Statistics, UCSC)

“Una vita da reinventare: le sfide della longevità al benessere individuale e sociale”
(A life to reinvent: how longevity challenges individual and social wellbeing)
3:30pm-5:00pm (EXPO European Union Pavillion)

Round table: “Feeding the memory to feed the generations: active elders and well-being”

Moderator: Giuseppe Riva (UCSC)

Participants:
- Fausto Colombo (UCSC)
- Ed De St. Aubin (Marquette University)
- Per H. Jensen (Aalborg Universitet, Danmark)
- Stefania G. Meda (UCSC)
- Galit Nimrod (Ben-Gurion University of the Negev)
- Maria Sourbati (University of Brighton)
- Eric Widmer (Université de Genève)

SCIENTIFIC COMMITTEE:
- Giovanna Rossi, Lucia Boccacin, Donatella Bramanti (UCSC)

ORGANIZING SECRETARIAT
- Stefania G. Meda (UCSC)

INFORMATION
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REGISTRATION FEES:
- 50,00 Euros
- 20,00 Euros (students and PhD students)
These fees include a ticket to EXPO, a light lunch buffet (May 11, 2015).
Students, PhD students, interns of the Università Cattolica will have free access to the conference activities at the premises of the Università Cattolica upon mandatory online registration. Soon it will be possible to register online.

The speeches will be either in Italian or English, the round table in English.

The conference presents the final results of the research project of considerable interest for the University “Non mi ritiro”: l’allungamento della vita, una sfida per le generazioni, un’opportunità per la società, financed by the Università Cattolica del Sacro Cuore on line of action D.3.2. 2012